



JOIN THE FIRST ANNUAL

#BLACKINCARDIO WEEK

OCTOBER 19 - 25, 2020

MONDAY
19

#BLACKINCARDIORollCall

Tell us who you are and learn about historical Black trailblazers in the field of cardiovascular health.

#BLACKINCARDIOWholeHeart

What is your experience with working on the heart? Scientists, clinicians (particularly cardiologists) & professionals, we want to hear from you!

TUESDAY
20

WEDNESDAY
21

#BLACKINCARDIOVasculature

Why did you decide to specialize in vasculature? Let's discuss hypertension and stroke in Black communities.

#BLACKINCARDIOMETabolic

It's time to discuss cardiometabolic diseases (i.e. diabetes) & risk factors (i.e. stress & visceral adiposity).

THURSDAY
22

FRIDAY
23

#BLACKINCARDIOProfessionals

A day to highlight the work of cardiovascular professionals and talk about a variety of topics related to cardiovascular work & health in Black communities.

#BLACKINCARDIOWeekend

Curious to know what we do outside the lab? Don't miss this weekend featuring an Afro dance class, bread baking, music, a podcast on how to achieve your goals & our hairstyling secrets.

SAT/SUN
24-25

Visit blackincardio.com for more info about daily Zoom & YouTubeLive panels & join in the excitement on our Instagram, Twitter, & Facebook accounts @BlackInCardio and #BlackInCardio.